



Eight Tips for Safe Cycling

Be Seen

To be seen, “stick out”. Wear colorful clothing by day. Wear reflective gear and always use a front light and rear flasher at night.

Go With the Flow

Always ride in the same direction as traffic, never in the oncoming lane or on the sidewalk.

Play By the Rules

Always obey stop signs and traffic signals.

Take the Road Less Traveled

When it comes to choosing cycling routes, don’t think like a motorist. Go for roads with less traffic and lower speeds, not the “straight shot”.

Be Considerate

Want to get respect on the road? Give it. Never obstruct traffic by riding abreast. If traffic is piled up behind you, pull off the road in a safe spot to let vehicles get by.



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