Get Your Bike Out of the Gutter

Don’t ride on the very edge of the road. One wobble and you’re in the ditch. Unless there’s a bike lane or a wide, clear shoulder, ride to the left of the white line, roughly along the path that a motor vehicle’s right wheels would travel.

Sometimes It’s Right to Go Left

Sometimes safety requires riders to “claim the lane”. In a busy downtown area, ride toward the middle of the lane to avoid getting doored. Climbing a curvy mountain road, a driver may see you sooner if you move toward the middle of the travel lane as you first hear the approaching vehicle, then back to the right as the vehicle nears.

At Intersections, Do What the Cars Do

Most bicycle-car collisions occur at intersections. If you’re turning, use the same turn lanes the cars do. If you’re going straight, be wary of right turning vehicles and make eye contact with drivers preparing to turn left. Be prepared to yield if they don’t. Never run a stop sign or red light.

“Cyclists fare best when they act and are treated as drivers of vehicles.” -Engineer and cycling advocate John Forester

Safe Cycling Resources On the Web

- http://bicyclesafe.com
- http://johnforester.com
- www.bikeleague.org/resources/better/roadrules.php
- www.kenkifer.com/bikepages/health/risks.htm

Tips Presented by the Brushy Mountain Cyclists Club
www.bmcc.us

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